

Non-Contraceptive Indications For Hormonal Contraceptive Products

Medical Conditions Caused or Exacerbated by Menses

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| <ul style="list-style-type: none">• Menorrhagia• Dysmenorrhea• Premenstrual syndrome• Endometriosis• Menstrual migraines | <ul style="list-style-type: none">• Irregular menses• Iron-deficiency anemia• Some seizure disorders• Menstrual flares of rheumatoid arthritis• Coagulation defects (e.g., menstrual porphyria) |
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Conditions in this group often improve with any hormonal contraceptive product (progestin-only or combined estrogen-progestin). However, for additional benefit and enhanced convenience, hormonal contraceptives can be used continuously – that is, women can skip the hormone-free week of pills, patch, or vaginal ring. Continuous use of hormonal contraceptives provides extra benefit for the conditions above by eliminating menses.

Other Conditions Alleviated by Hormonal Contraceptives

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| <ul style="list-style-type: none">• Vasomotor symptoms of perimenopause• Acne | <ul style="list-style-type: none">• Hirsutism• Polycystic ovary syndrome |
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Risk Reduction through Use of Hormonal Contraceptives

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| <ul style="list-style-type: none">• Ovarian cancer• Endometrial cancer | <ul style="list-style-type: none">• Colorectal cancer• Osteoporosis |
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List of Hormonal Contraceptive Product Types

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| <ul style="list-style-type: none">• Oral contraceptive pills: progestin-only• Oral contraceptive pills: estrogen-progestin• Contraceptive patch: estrogen-progestin | <ul style="list-style-type: none">• Contraceptive vaginal ring: estrogen-progestin• Progestin depot injection• Progestin implant• Progestin-releasing intrauterine device |
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Adverse Reactions/Contraindications

These are the same as for indicated contraceptive use.